



WEST JORDAN HIGH SCHOOL

SUMMER FOOTBALL STRENGTH, CONDITIONING & SKILLS



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE	5 7:00am-11:30am	6 7:00am-11:30am	7	8 7:00am-11:30am	9 7:00am-11:30am
	12 7:00am-11:30am	13 7:00am-11:30am	14	15 7:00am-11:30am	16 7:00am-11:30am
	19 7:00am-11:30am	20 7:00am-11:30am	21	22 7:00am-11:30am	23 7:00am-11:30am
	26 7:00am-11:30am	27 7:00am-11:30am	28	29 7:00am-11:30am	30 7:00am-11:30am

GRADES: 9TH-12TH

COST: \$75.00

LOCATION: West Jordan High School Football Field, Weight Room

STAFF: WJHS Football Coach Mike Meifu & Staff

For more information:

Contact Mike Meifu

Phone: 801-718-9246

Email: mikel.meifu@jordandistrict.org

or

Call Wendi Matavao

801-256-5614

REGISTRATION FORM AND FEE MUST BE PAID BEFORE PARTICIPATION.

**** Cash or check only, make checks payable to: West Jordan High School ****

