



WEST JORDAN HIGH SCHOOL GIRLS SOCCER STRENGTH & CONDITIONING CAMP

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE	12 11:45 - 1:15 Weight Room	13 9:00 - 10:30 Soccer Field	14 9:00 - 10:30 Weight Room	15 9:00 - 10:30 Soccer Field	16
	19 11:45 - 1:15 Weight Room	20 9:00 - 10:30 Soccer Field	21 9:00 - 10:30 Weight Room	22 9:00 - 10:30 Soccer Field	23
	26 11:45 - 1:15 Weight Room	27 9:00 - 10:30 Soccer Field	28 9:00 - 10:30 Weight Room	29 9:00 - 10:30 Soccer Field	30
JULY	3 MORATORIUM	4 MORATORIUM	5 MORATORIUM	6 MORATORIUM	7 MORATORIUM
	10 11:45 - 1:15 Weight Room	11 9:00 - 10:30 Soccer Field	12 9:00 - 10:30 Weight Room	13 9:00 - 10:30 Soccer Field	14
	17 11:45 - 1:15 Weight Room	18 9:00 - 10:30 Soccer Field	19 9:00 - 10:30 Weight Room	20 9:00 - 10:30 Soccer Field	21
	24 HOLIDAY	25 9:00 - 10:30 Soccer Field	26 9:00 - 10:30 Weight Room	27 9:00 - 10:30 Soccer Field	28

GRADES: 9th-12th

COST: \$55.00

LOCATION: West Jordan High School Soccer Field or Weight Room

STAFF: WJHS Girls Soccer Coach Jim Jaramillo & Staff

For more information:

Contact Jim Jaramillo by email at james.jaramillo@jordandistrict.org

or

Wendi Matavao

801-256-5614



YOU CAN PAY ON THE 1st DAY OF CAMP OUTSIDE THE MAIN GYM.
REGISTRATION FORM AND FEE MUST BE PAID BEFORE PARTICIPATION.

** Cash or check only, make checks payable to: West Jordan High School **